Muku

Measurement of length from fingertips of one hand to the elbow of the other arm, when both arms are extended to the side.

My Muku is _____ inches.

Iwilei

Measurement of length from collarbone to the tip of the middle finger with arm extended.

My Iwilei is ____ inches.

Anana

Measurement of length from tips of longest fingers, measured with arms extended on each side.

My Anana is _____ inches.

Ha`ilima

Measurement of length from elbow to the end of the fingers.

My Ha`ilima is _____ inches.

Aloha