

## Hīpu'u Walu (Figure Eight)

### When to use:

This knot is ideal for keeping the end of a rope from running out of tackle or pulley.

### How to tie:

1. Make underhand loop, bringing end around and over the standing part.



2. Pass end under, then up through the loop. Draw up tight.



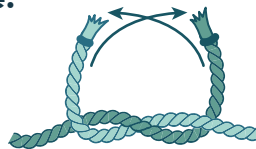
## Pahu (Square Knot)

### When to use:

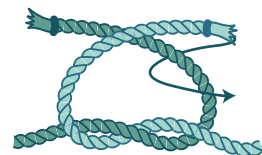
This knot is used at sea in reefing and furling sails. It's used in first aid to tie off a bandage or sling because the knot lies flat.

### How to tie:

1. Pass left end over and under right end.



2. Curve what is now the left end toward the right and cross what is now the right end over and under the left.



3. Draw up tight by pulling one end and line away from the other end and line.



## Hoapa'a (Clove Hitch)

### When to use:

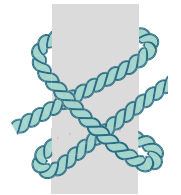
This knot is the "general utility" hitch for when you need a quick, simple way to fasten a rope around a post, spar, or stake.

### How to tie:

1. Make a turn with the rope around the object and over itself.



2. Take a second turn with the rope around the object. Then pull the end up under the second turn so it's between the rope and the object. Tighten by pulling on both ends.



## Kapolina (Bowline)

### When to use:

This knot doesn't jam or slip when tied properly. It can be tied around a person's waist and used to lift him/her, because the loop will not tighten under load.

### How to tie:

1. Make overhand loop with the end held toward you, then pass end through loop.

2. Now pass end up behind the standing part, then down through the loop again. Then draw up tight.

